## **Open**Learn



## Statement of participation Amanda George

has completed the free course including any mandatory tests for:

### **Parenting**

This 8-hour free course explored what parenting actually involves, what is meant by quality parenting, and how it can be enhanced and promoted.

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### www.open.edu/openlearn

# **Open**Learn



### **Parenting**

http://www.open.edu/openlearn/health-sports-psychology/young-peoples-health/parenting/content-section-0

#### **Course summary**

I blame the parents!' How often is that phrase used to explain the ills of society and is it valid? This free course, Parenting, will consider how important is quality parenting, who judges it, and is its provision the sole responsibility of parents should parents just be left to get on with it? It explores what parenting actually means, what is meant by quality parenting, and how it can be enhanced and promoted. The course is of interest to anyone who is, might become or works with parents.

#### Learning outcomes

By completing this course, the learner should be able to:

- distinguish between parenthood and parenting
- outline some of the reasons why parenting may require support from outside the immediate family
- demonstrate how individual, environmental and structural factors can have an impact on parenting
- challenge the notion that 'problem' parents and 'problem' families can be readily identified
- demonstrate the development of key transferable study skills concerning the ability to summarise arguments, learn from personal experience and apply theory to issues and dilemmas in practice.

#### **Completed study**

The learner has completed the following:

#### Section 1

Parenting

#### Section 2

What makes for quality parenting?

#### **Section 3**

Why might help be required with parenting?

#### Section 4

Exploring the explanations

#### **Section 5**

Conclusion